

Thrive Fest 2025 Fact Sheet

About the Fest

Thrive Fest is organized by Texas System of Care (TxSOC), a state organization dedicated to improving children's mental health, in collaboration with members of local mental health agencies. This year, we're partnering with Boys & Girls Clubs of the Austin Area (BGCAA) to bring a variety of activities, workshops, performances, and guest speakers to celebrate children's mental health.



April 26, 2025
10AM – 12PM



BGCAA Sheth Family Campus,
6648 Ed Bluestein Blvd

Why It Matters

Children's Mental Health Acceptance Day (CMHAD)

We place youth and children in the spotlight.

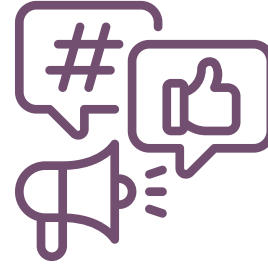
Nothing is more important than lending a hand to children and ensuring they don't face tough times alone. Getting help early on can shield them from enduring severe and long-lasting mental health challenges.

We spread mental health awareness and acceptance.

Regular mental health check-ups are crucial for everyone, kids included. Some conditions can severely affect our quality of life if not caught and treated early. A mental health check could be life-changing.

We want to make things better for everyone.

By celebrating CMHAD, we're actively encouraging more people to seek help. This will also lead to more support for children's mental health services and resources overall.



Spread the Word Online

1) Tag Thrive Fest Organizers

@bgcaustin



@txsystemofcare



2) Use Thrive Fest Hashtags

#ThriveFestTX

#MentalHealthMatters

